

Registration Information
Jesup Farmers Day
5K Run/Walk
Saturday
July 9, 2011
7:30 AM

Entry Fees

Entry forms must be Postmarked
by the dates listed below:

\$15 postmarked on/before
July 1, 2011 (includes T-shirt)

\$20 postmarked after
July 1, 2011 and on race day
(T-shirt not guaranteed after July 1)

Checks made payable to:
Farmers Day 5K Run/Walk

Race packet pick-up from 6:30 AM until
7:15 AM at

Jesup Park Shelter on the corner of
Main and Young Street

Race begins promptly at 7:30 a.m.

Questions? Call Lizzy at 319-827-2045!

Race Day Information

Location

Start and Finish will be located at the corner of
Main and Young Streets (near the Jesup Post
Office).

Aid Stations

Water will be provided at the start, 1.5 mile
mark and the finish. Refreshments will also be
provided at the finish.

Award Ceremony

Begins after the last participant has completed
the race.

Awards

* Overall Male/Female Award
5K Run and 5K Walk

* Medals will be provided for the first three
finishers in each age group, male and female, in
5K Run only.

Women/Men Age Divisions

12 and under
13-15
16-19
20-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60 and over

* Showers available at Jesup High School.

Mail to:
Farmers Day 5K
Inspired Living Chiropractic
410 Young Street
Jesup, IA 50648

Name: (Last/First)

Address: _____

City State Zip

Phone: _____

() Male (_____) Age on 7/9/11

() Female

Entry Fees: \$15 on/before 7/1/11

\$20 postmarked after 7/1/11

() 5K Run () 5K Walk

T-Shirt Size: Men's S M L XL XXL
Youth M L

In consideration of acceptance of this entry, I intending to be legally bound here-
by, for myself and administrators, waive and release any and all right and claim
for damages I may have or that may hereafter accrue to me against all sponsors,
supporters and officials associated with Farmers Day 5K race, their representa-
tives, successors and assigns for any injuries incurred by me during, because of,
or in travel to or from Farmers Day 5K race.

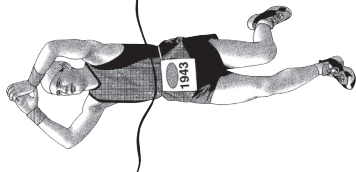
Signature (Of parent or guardian if under 18)

Date: _____

Signature of participant:

Date: _____

Farmers Day 5K
Inspired Living Chiropractic
410 Young Street
Jesup, IA 50648
7:30 a.m. Saturday, July 9, 2011



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Saturday
July 9, 2011
7:30 a.m.

Main & Young Streets
Jesup, Iowa

Highlights of the Day

Shower Facilities

The Jesup Community School's showers will be available to runners/walkers entered in the race after the race until 10 AM, offering an opportunity for cooling off before heading for the parade. Enter through the doors on the west side of the High School.

Parade

The Farmers Day Parade will begin at 10:00 AM. The parade features many types of floats and lots of candy.

Entertainment

Carnival rides, tractor pull, domestic art show, children's games and a variety of performers including jugglers and magicians, woodcarvers; bands, with emphasis on early rock & roll this year and much more. Full schedule is listed at: www.jesupfarmersday.org.

Race Sponsors:

- * Birdnow Dealerships
- * Spahn & Rose Lumber Company
- * Inspired Living Chiropractic
- * Jesup Chiropractic Clinic
- * Consolidated Energy
- * B&B Farm Store
- * Casey's General Store
- * Bucketz
- * Dream Chaser Acres